



# Download the LifeWorks app

Feel supported, connected and rewarded wherever you are!

With the innovative LifeWorks app, you can access qualified support for your mental, physical, social and financial well-being, any time, from anywhere.

- Search for resources and tools on topics ranging from **family and life to health, money and work.**
- Connect to information and updates through the app's **News Feed.**
- Take advantage of **Perks**, helping you save money on daily essentials and luxuries from top brands and retailers.

What's more, the app acts like your digital wallet card. You can call a LifeWorks **Employee Assistance Program (EAP)** advisor with just one tap – toll-free, 24/7 – for expert advice, resources and referrals.

## Download the LifeWorks app today for convenient access to well-being support!

Watch for your one-time sign-up instructions to create your personal account on the LifeWorks platform.



### Share LifeWorks with your family

You can invite eligible dependent family members to access confidential help and advice on hundreds of topics available on the LifeWorks platform. **Simply access the LifeWorks website, then under "Profile" select "Family" and "Invite Family Members".**